

Office location:  
246 Sandgate Road  
Albion, 4010  
Phone: 3256 0241  
manager@yhp.org.au

# YHP's AUTUMN OF 2017 NEWSLETTER

Office hours:  
Monday to Friday  
9am to 5pm

## Come Join YHP For Morning Tea

**First Tuesday of every Month:  
\*\*APRIL MORNING TEA CHANGED  
TO WEDNESDAY 5<sup>TH</sup> APRIL\*\***

Come and help YHP celebrate our fundraising event by joining us for morning tea and chocolate Easter egg making. It will be lots of fun and we hope to see you all!

Young people needing a lift to the office and home again can get in touch with workers on 32560241.

Young mums and dads are welcome to bring their child/children with them to the morning tea.

Please do not hesitate to get in touch if you have any more questions.

Office: 32560241  
Jess: 0408010115



## Routine Inspections

Routine inspections are conducted by Youth Housing Project every 12 weeks to ensure the property is being well maintained and to allow us to check for any maintenance issues that may be present.

In preparation for the inspection we ask that you clean the property and present it in a clean & tidy condition (including common areas, court yards and gardens as applicable).



## Tuna Bake

### Ingredients

- 300g dried macaroni pasta
- 40g butter
- 2 tablespoons plain flour
- 2 cups reduced-fat milk
- 3/4 cup reduced-fat grated pizza cheese
- 425g can tuna in springwater, drained, flaked

### Method

#### Step 1

Preheat oven to 220°C/200°C fan-forced. Lightly grease an 8 cup-capacity ovenproof dish. Cook pasta in a medium saucepan of boiling, salted water, following packet directions, until tender. Drain, reserving 1/4 cup cooking liquid. Return pasta to pan.

#### Step 2

Melt butter in a saucepan over medium heat. Add flour. Cook, stirring, for 1 minute or until bubbling. Remove from heat. Gradually stir in milk until combined. Return to heat. Cook, stirring constantly, for 3 to 4 minutes or until sauce boils and thickens. Remove from heat. Stir in 1/4 cup cheese. Season with pepper.

#### Step 3

Add to pasta with tuna and reserved cooking liquid. Toss to combine. Spoon mixture into prepared dish. Sprinkle with remaining cheese. Bake for 12 to 15 minutes or until cheese is melted and golden. Serve.



## Vegemite and Cheese Scrolls

### Ingredients

- 4 sheets puff pastry, thawed
- 1/4 cup Vegemite
- 3 cups grated tasty cheese
- 1 egg, beaten

### Method

STEP 1 - Preheat oven to 220°C. Line 3 baking trays with baking paper. Place pastry, 1 sheet at a time, onto a chopping board. Spread Vegemite over pastry. Sprinkle cheese over Vegemite.

STEP 2 - Starting from the edge nearest you, roll up pastry, 1 sheet at a time. Be careful not to roll the pastry sheets too tight.

STEP 3 - Cut each roll into 12 equal portions. An easy way to do this is to cut each roll into quarters, then cut each quarter in 3. Brush pastry scroll tops with beaten egg.

STEP 4 - Place scrolls, cut-side up, onto baking trays, allowing room for spreading. Bake for 15 to 20 minutes or until pastry is golden and cheese is melted. Allow to cool for 5 minutes on trays before transferring to a wire rack. Serve

# Tenant Responsibility

## It is the tenants responsibility:

- Once you receive a text regarding the signing of a new lease make a time to come in to the office.
- If you find yourself locked out of your property call the office. If outside office hours, contact your emergency contact on your lease agreement, DO NOT break in to your property.
- As soon a maintenance issue had arisen it needs to be reported to YHP. If unsure please discuss it with the Tenancy Manager.
- Please ensure that 'unflushables' aren't being flushed down your toilet (this includes nappies, tampons, pads, condoms and cigarette butts). If you have a blocked toilet due to this, it will be your cost to fix the issue.
- Clean up common areas after use. You're responsible for visitors mess also.
- Change light bulbs and smoke alarm batteries when necessary. -Light bulbs can be a bit difficult to determine what type and size of bulb you need, write down any identifying info on the blown bulb on your shopping list as they can be purchased at most grocery stores. If it turns out to be wrong, you can exchange or refund.
- Remember you are responsible for your visitors behaviour and actions.
- We understand that bugs can be a nuisance, however it is up to you to purchase sufficient sprays, bombs or ant sands etc. to get the problem under control.



## Handy Hints

### Cleaning Your Flat

It is important to clean your flat regularly to prevent it getting out of hand as daily cleaning helps you get into a routine and so it becomes a small job.

Here are some handy hints for cleaning products and their uses.

### Cleaning Products

You will need to have a range of cleaning products, suitable for different surfaces.

Anti-bacterial cleaners- these are products, such as domestos; spray & wipe; bleach; etc. Use these in bathrooms, kitchens. Domestos can be diluted with water in a bucket and used to clean floors. Don't forget to wear rubber gloves.

Crème cleaners, such as- gumption; jif; ajax; etc. (some come as gels) are good to use where there is built up grime possibly with a scourer, but always remember to rinse crème cleansers off.

Window/ mirror cleaners, such as- windex, glass cleaners.

Oven cleaner- commercial spray cleaners can cause caustic burns so always wear rubber gloves when using. Don't get this spray on paintwork of the stove. Always rinse oven surfaces off with hot clean water.

Cloths- you can get various cleaning cloths, scourers and it's good to have a supply of old rags or towels you can cut up to use for cleaning purposes.

## Preparing For An Inspection

- ❖ Ensure your home is tidy and uncluttered.
- ❖ Spot clean your walls; it's amazing what you'll notice once you start.
- ❖ Pay close attention to light switches and door handles (and around them)
- ❖ Wipe clean surfaces such as benches, tables etc.
- ❖ Clean the bathroom and kitchen thoroughly (Been a while since you cleaned the oven or fridge? An inspection is a good excuse and can help motivate you to do so)
- ❖ Make sure doors are not obstructed, particularly front and back doors
- ❖ Sweep and mop all floors (Don't forget to move the fridge so you can clean underneath. You might be surprised whats there)

**IF THERE IS ANY MAINTENANCE THAT NEEDS TO BE DONE, NOTIFY YHP AS SOON AS POSSIBLE, SO WE CAN GET IT SORTED. You can do this by either calling the office and speaking to the Tenancy Manager on 3256 0241 or calling the Tenancy Managers mobile on 0409 795 464.**

## Activities in and around Brisbane:



### Morning Tea

Wednesday, 5<sup>th</sup> April 2017

We are celebrating our fundraiser by putting on a morning tea for our tenants. There will also be Chocolate Easter egg making. The morning tea is designed as an opportunity for young people to get to know their youth workers and tenancy Workers a little better in a relaxed environment. The morning tea will also be an opportunity to meet other young people in a similar situation.

Free

If you need a lift, contact the Office: 3256 0241 or Jess on 0408 010 115

[YHP's](#) Office 246 Sandgate Road Albion



### Southbank Markets

The Markets operate every weekend.

Days & Times:

Friday: 5pm - 9pm

Saturday: 10am - 9pm

Sunday: 9am - 4pm

Stanley Street Plaza, South Bank (Brisbane)

### Brisbane Youth Week Begins

**When:** Saturday, April 1, 2017, 11am – 9pm

**Note:** King George Square will host the finalists from The QUBE Effect alongside a range of activities including a rock climbing wall, open air photo booth, art displays and much more to celebrate the launch of Brisbane Youth Week 2017.

**Why:** Brisbane Youth Week is a Council initiative designed to recognize and celebrate young people's ideas, talent and contributions from 31 March - 9 April. For more information, visit [Brisbane Youth Week](#).

**Who:** Kids, Teens, Young adults. Ideal for 12-25 years, suitable for all-ages.

**Cost:** Free

**Where:** King George Square, 100 Adelaide Street, Brisbane

# THE YHP TEAM



Alison Hando – Manager



Penny Craig – Admin & Assist  
Tenancy Management



Apande Gong – Senior Support  
Worker



Bernice Gracie – Tenancy  
Management Worker



Jessica Budgen – Support  
Worker